

# Franklin County Mental Health First Aid

## Overview

The Franklin County Sheriff's Office has adopted Mental Health First Aid Training for ALL Uniformed staff within the Corrections Division.

Mental Health First Aid is an eight (8) hour course in Mental Health similar to CPR or First Aid training. It's basically a Mental Health 101 or basic class in Mental Health.

To date over 350 Franklin County Sheriff's Office Corrections Division Deputies have completed this course.

This course has been added into our Basic Corrections Training for the new recruits. This is above and beyond the Basic OPOTA requirements.

We currently have two (2) Certified MHFA Trainers. Sgt. Shannon Beaudry and Sgt. Mandy Rennie. These two are also our CIT Coordinators for Corrections.

The instructor course is a forty (40) hour class and it is a pretty tough curriculum.

We hope to add several additional Instructors to include someone assigned to the Training Academy.

It should be noted that it takes two instructors to deliver a class, and once certified as instructors, they are required to instruct 3 classes a year to maintain their certification.

Mental Health First Aid Training is a priority program for the NIC and SAMHSA. This along with CIT Training are several of the classes the NIC would more than likely have us teach regionally as a Center of Innovation.

It should be noted that there is a cost associated with this training. MHFA manuals are required for all participants. These manuals cost approximately \$14 each.

## Media

<http://www.cnn.com/2016/09/05/health/prison-mental-health-first-aid/index.html>

<https://www.azpm.org/p/home-articles-news/2017/5/18/110838-tucson-police-to-take-mental-health-first-aid-training/>

<https://www.mentalhealthfirstaid.org/cs/external/2016/10/police-chiefs-community-mental-health-providers-one-mind-mental-illness/>

<https://www.thenationalcouncil.org/about/mental-health-first-aid/mental-health-first-aid-public-safety/>

<https://www.youtube.com/watch?v=lpFOkxPZv68>

<https://www.youtube.com/watch?v=nmbLvZVTQNo>

### **Mental Health First Aid Website**

<https://www.mentalhealthfirstaid.org/cs/>

### **Research**

<https://www.mentalhealthfirstaid.org/cs/about/research/>

<https://www.mentalhealthfirstaid.org/cs/wp-content/uploads/2013/10/MHFA-Research-Summary-UPDATED.pdf>

<http://www.integration.samhsa.gov/mental-health-first-aid>

<https://www.samhsa.gov/homelessness-programs-resources/hpr-resources/mental-health-first-aid-training>

<http://nrepp.samhsa.gov/ProgramProfile.aspx?id=1229#hide1>