


STOP

**Stop the revolving door!
Go home and stay
home, an alternative to
incarceration.**

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Living program is made possible
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**PATHWAYS to
Women's
Healthy Living**

PATHWAYS to Women's Healthy Living

Breaking the Cycle

The primary goals of this voluntary program are to reduce the likelihood of adult female offenders with a diagnosis of mental illness or co-occurring substance use disorders returning to the Franklin County jail (recidivism); develop an individualized continuum of care plan for transition into the community; and reduce the number of females with mental illness from entering the jail.

Participant Eligibility

- ✓ Adult females with multiple stays in the jail within 12 to 36 months who may face, are facing, or could face criminal charges for a non-violent misdemeanor or felony offense;
- ✓ Females self-identifying as having mental illness, or a diagnosis of a mental illness or co-occurring disorder, or who demonstrate behaviors that a Judge, Probation, CPD CIT Officers, EMS, or corrections CIT Deputies and mental health jail staff deemed consistent with symptoms of a mental illness that warrant further assessment;
- ✓ Plan to remain in Franklin County upon release; and
- ✓ Assessed as moderate to high-risk of re-offending upon release as defined by the Ohio Risk Assessment System.

Our Commitment

Our team will work directly with participant pre-release to identify and assess social and mental health needs and prepare a reentry plan. Continuity of care will be emphasized through post-release to address those needs essential to maintain stability and ensure successful community reintegration.

Pathways' Team will:

- ❖ Conduct Assessments
- ❖ Provide Weekly Group Sessions
- ❖ Create an Action Plan
- ❖ Provide Case Management
- ❖ Refer and link participants to appropriate community based services
- ❖ Monitor and assist participants with post-release reintegration



Living Healthy & Enjoying Life

Evidence Based Approaches

Pathways aims to empower women through a holistic approach to wellness utilizing Cognitive Behavioral Therapy, Motivational Interviewing, and Pro-Social Activities based on the Stages of Change.

Pathways builds on a strong foundation of integrating cognitive and behavior techniques to ameliorate mental health symptoms.

These evidence-based approaches have been, and continue to be the cornerstone of efforts proven to be most effective in correctional settings to prevent relapse and reduce recidivism.

Our partners include:

- Franklin County Board of Commissioners
- Franklin County Office of Homeland Security & Justice Programs
- Franklin County Reentry Coalition
- Franklin County Sheriff
- ADAMH
- Southeast Integrated Health Center
- Columbus Police Department
- Columbus Division of Fire
- Franklin University