

ST. MARY HOSPITAL PROPOSAL - Specialized Detoxification Treatment

Project Overview

Increases in drug related overdoses and deaths in this region have risen exponentially over the past 2 years. For example, in the Livonia, Canton and Westland alone there were over 230 deaths since January of 2015 (State of Michigan, 2017) that were identified as prescription/opioid related deaths. In addition, the communities within the St. Mary catchment area have said they dealt with over 600 overdoses (and those are only the ones reported to public safety).

As a result, public safety has been involved in notable instances over the past year (Macomb County Jail for example) where prescription/opioid users have been incarcerated as a result of consequences associated with their use and later died while detoxifying in jail. The onslaught of opioid use in the majority of communities throughout Western Wayne County has resulted in increased financial and human resources being allocated to crime investigations, transportation to emergency rooms for overdose, drug dealing and other related emergency situations as a result of overdose. This increased allocation of time and community resources was not anticipated in current or future organizational budgets but has become a human and financial reality for all law enforcement and health and human service providers. Prescription/opioid use is negatively impacting health care providers, public safety and clearly increases health risks.

Summary of Proposal/Steps

The creation of a 7-10 day specialized detoxification in collaboration with Growth Works Incorporated.

1. Users identified by public safety
2. St. Mary has 10 beds for this project (either on the MH Unit or within the CDU)
3. Growth Works partners with St. Mary **ENHANCING** the current detoxification process by embedding a Specialized Trauma Therapist to work with users focused on specialized (mostly non-talk trauma therapy)
4. Purpose is to stabilize brain/body state during the first 48-72 hours (most critical to retention)
5. Participants will be **in the program 7 to 10 days** to gain eligibility for Medically Assisted Treatment (when applicable - preferably Vivatrol)
6. Participants will be attached to a Peer Support Specialist who will “case manage” them through detoxification into a menu of community services that have been established post-detox where we can track outcomes and collect data for this project